



In This Issue...

1. [Letter from the President](#)
2. [Greetings](#)
3. [Member News](#)
4. [Association News](#)
5. [Book Review](#)

Thank You



Winning the fight against cancer, every day.

CTCA is the home of integrative and compassionate cancer care. They never stop searching for and providing powerful and innovative therapies to heal the whole person, improve quality of life and restore hope.

1-877-219-7471

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Announcement

Have you said **"Hello"** to our new Management Company?
 Kathy Velasco and V2 Marketing Communications

220 East State St., Floor G
 Rockford, IL 61104
 815-397-6052
 kathy@aath.org

Letter From the President

Hi Everyone,

I hope that by the time you receive your Humor Connection you are enjoying some bright sunny days, reminders that spring is just around the corner.

I'm looking forward to our May conference in Philly where I'll be hugging "old" friends, and adding new friends to my humor community.

Our mutual interest in humor has enabled us to develop and maintain our AATH community. I had lunch with one of our AATH members recently, Steve Sultanoff. During our conversation Steve reminded me of the diversity in our organization that sets us apart from many other organized communities. Although we all share an interest in the field of humor, we come from a wide range of occupations and practices. This makes us unique. In addition to this, we are an international organization, and bring cultural diversity into the AATH community. We are enriched!

Our conferences and amazing speakers reflect the interests of our diverse group and enrich our knowledge of humor and its therapeutic uses. I always leave the AATH conference with knowledge and new friends, laughing and energized. The AATH is my annual "booster shot" for personal well-being. Join me in a shot!

Hope to see you all in Philadelphia!

Love Laughter Peace Blessings,

JILL KNOX
AATH President

Steve Sultanoff will put on his Sherlock Holmes hat as he helps you unravel the mystery of therapeutic humor during his presentation at the conference on Saturday: A Funny Thing Happened but Was It Therapeutic Humor? Steve will also be speaking at the Humor Academy Level 1 session on Thursday: Hee Hee Healing: Foundations of Therapeutic Humor.

Greetings

MARCH ON over and [register](#) for the conference right now!

Association News

THE COVEY HEALTHY HUMOR IN MEDICINE SCHOLARSHIP

This scholarship is for a Medical

(Please note that this is their main telephone number. A new dedicated AATH line will be established soon.)

Pineapple Tidbits

"The guy who fell onto an upholstery machine is now fully recovered."

"When a clock is hungry it goes back four seconds."

"A boiled egg is hard to beat."

"Did you hear about the fellow whose whole left side was cut off? He's all right now."



Conference Chair, Chip and Co-chair, Cheri inviting you to the conference!



Congratulations to our Lifetime Achievement Award Winner, Joyce Saltman with her husband Sol Hitzig.

Same bat time: May 28-31, 2015
Same bat channel: Philadelphia
Same bat hotel *but they changed the name*. You are going to the same place, it's now called Hilton Philadelphia at Penn's Landing. Same address, (201 S. Christopher Columbus Blvd.) See you there!

Cheers!

Kelly Epperson, editor
Send in your member news to
kelly@kellyepperson.com



ANNUAL CONFERENCE

"Stayin' Alive: Keeping Your Brain Healthy & Active With Humor."

Brains, giggles and disco music. Now that's a party!

Member News

We will be welcoming an amazing new board of directors including **Maia Aziz** as president-elect, **Sporty King** as secretary and board members **Melissa Mork**, **Jae Pierce Baba**, and **Paul Moore**. We are grateful to retiring President, **Chip Lutz**, secretary, **Linda MacNeal**, along with board members **Cheri Campbell** and **Amy Robbins** for their dedicated commitment to AATH and for their years of service on our board of directors.

We thank **CHIP LUTZ** and **CHERI CAMPBELL** for chairing this year's conference. Just announced 2016 Conference Chair: **Brenda Elsagher** and co-chairs **Jae Pierce Baba** and **Beth Slazak**.

NOREEN BREMEN upon receiving the news that she is the recipient of the CTCA scholarship writes: "Thank you, thank you, thank you for

Resident who would like to learn more about the benefits and use of therapeutic humor in health care. This scholarship will pay for AATH conference registration. Please submit a 200 word essay by April 15th about why you would like to learn more about the use of therapeutic humor in the medical field. Send the essay to the office at info@aath.org or 220 E. State St., FL G, Rockford, IL.

AATH MEMBER DIRECTORY: We now have our own [AATH membership directory](#). Please log in and update your picture and profile. If you cannot find yourself, you may want to check with the office to make sure your membership dues are up to date.

SOCIAL MEDIA: Keep the conversation going on Facebook! [AATH and Healthy Humor](#) and twitter!

DONATIONS TO AATH ARE TAX DEDUCTIBLE: Uncle Sam and AATH both think you're great for your donation.

You can write a check to AATH and send to the office or you can:

1. **AATH 2015 CONFERENCE SPONSORSHIP:** There are many ways that you can be a sponsor for our AATH conference for as little as \$50.
2. **AMAZON SMILE:** Did you know that every time you order from Amazon a percentage of your order can be allocated to AATH? The reminder will come up automatically once you sign up! So easy!
3. **UNITED WAY:** AATH has been vetted as an approved organization by UNITED WAY. If you or anyone you know makes donations through United Way, please designate a portion of your generous gift to AATH. This can be done at your local level.



Our AATH radio celebrity personality, January Jones.

Check out her interview with [Chip Lutz and Maia Aziz](#).



2015 Speaker Facilitation Chair, Roberta Gold, with two of our 2015 Keynoters; Heidi Hanna (L) and Saranne Rothberg (R).

brightening my day with this wonderful news! I am humbled and honored by this and plan to “do AATH proud” with this opportunity! I am also so grateful for the generous sponsors who make these scholarships possible - I can only hope they know how much this means to me. So, YES, YES, YES! I look forward to meeting everyone in the city of Brotherly Love!” Congratulations, Noreen!

Laurie Young has posted awesome new resources including over [100 powerpoints](#) from **DON** and **ALLEEN NILSEN**.

SEND IN YOUR MEMBER NEWS TO kelly@kellyeperson.com



4. SCHOLARSHIP DONATION:

You can designate your gift to the Patty Wooten or Ed Dunkelblau scholarship fund.

To make a tax-deductible gift to AATH, you may send check donations to the AATH office at: *220 East State St., Floor G Rockford, IL 61104*

MEMBER ASSISTANCE: If you need help with renewing your membership, or registering for the Conference, or if you forget your member website log-in information, reach out to Michele St. Clair and her team at 815-397-6052.

HUMOR ACADEMY

Registration is filling up fast. Check out the details on our Graduate and Certificate programs at <http://www.aath.org/humor-academy> Register early as there is a limit of 30 for enrollment in Level I this year. Contact [Mary Kay Morrison](#) or [Kay Caskey](#) for more details.

Over 100 people have registered in the Humor Academy in our first 5 years! Woohoo! From tiny acorns...(that's a lot of nuts!)

Book Review

Thank you, *DIANE ROOSTH*, for the Book Reviews every month!!

Katy Franco, Chemorella, 2011

Bi-lingual English Spanish Chemorella celebrates its fifth anniversary this year. Author/breast cancer survivor Catherine Franco embraces 2015 as ten years post diagnosis. Published in September 2010, Borders Puerto Rico

chose Chemorella as “Best Book of 2010.” This book was inspired by Katy’s own story and is universal in its message.

This uplifting tale uses the Cinderella story with beautiful artistic illustrations as a way to share our heroine’s story as an artist and comedian diagnosed with cancer. Katy’s ability to tell her truth helped empower women to be more open sharing the impact of cancer on their self-image and family coping.

Her shows, including “The Breast Years of My Life.” have been performed at the Laugh Factory in Hollywood and before other audiences. Breast cancer survivors and their friends and families identify with our author’s courage to accept her diagnosis and to make choices about her treatment.

Catherine reads her book to people of all ages in her native Puerto Rico and in the USA as a way to help survivors and patients find hope and courage. “And everyone who knows them, loves them” ends Chemorella in support of all cancer survivors.

Members who would like their book to be considered for an upcoming Humor Connection book review, contact info@aath.org. Please use “Book Review Submission” in the subject line.

2015 INTERNATIONAL HUMOR CONFERENCE

After you come home from the Annual Conference in May all jazzed up from connecting with your peers, you might want to consider extending the fun at the 2015 International Humor Conference. The conference is organized by the International Society for Humor Studies and has twelve participating organizations including AATH.

The conference is being held from June 28-July 3, 2015 in Oakland, California. You can learn more at www.humorstudies.org.

REMINDER: AATH is officially recognized as a 501c3 and has been vetted by UNITED WAY. If you or anyone you know makes donations through United Way, please consider designating a portion of your generous gift to AATH and please let others know of this opportunity.