



Save The Date!



AATH Annual Humor Conference & Humor Academy April 12-15, 2018 San Diego, California

Sponsors:



Winning the fight against cancer, every day.



Nurse Funshine Cheryl Fell

Client-Focused Counseling - Fr. Paul Moore

Jill and Charley Knox



This complimentary Humor Connection newsletter is one of the many ways that AATH fulfills our mission to study, practice and promote healthy humor. You can join our efforts by joining AATH at www.aath.org

You're Coming to the Conference, Aren't You?

If you haven't heard the news, the Annual AATH Conference is scheduled for April 12th through the 15th in sunny San Diego, California. We'll be staying and playing at the Holiday Inn - Bayside so do plan to attend, and bring a friend! You can register online here and while there, check out the conference and Humor Academy schedules.

February is a great month to share joy with others, so I encourage you to reach out and tell others about AATH. Invite them to attend. If you have questions or need more information contact the AATH office staff. They are always ready to help by email: info@aath.org or phone: 815-708-6587.

AATH is all about humor so to brighten your day, here's something to smile about.

Knock, knock... Who's there? Lettuce... Lettuce who? Lettuce laugh together at the Conference!

Knock, knock... Who's there? Butter... Butter who? Butter make your reservations now!

Knock, knock... Who's there? Owl... Owl who? Owl be there! Will you?

Knock, knock... Who's there? Dishes... Dishes who? Dishes the end of the knock-knock jokes.

It's a short month, so don't delay. Go to the website, make your reservations for the conference and Humor Academy, reserve your room, and then sit back and smile.

Ok, maybe just one more.

Knock, knock... Who's there? Member... Member who? Member that laughter is both fun and contagious!

Smiling with you,

Nila Nielsen, CHP, AATH President ninielsen@me.com

Conference Tidbits

Here's some stuff people are asking about, related to the conference:

Does anyone want to share a room? Easy enough - just check in with Roommate CoordinatorCarolynn Bramlett at cjbram.1@gmail.com. All she needs is:

Name*
Contact info: phone # and email Address
Arrival AND departure date or days

**With names like Pat, Chris, Taylor, please specify M/F.*

Where do I make my hotel reservations? Don't delay, these rooms are going fast in our room block and the special AATH room rate of \$137/night expires on March 21st. BTW, that room rate includes a voucher for breakfast in the hotel restaurant each morning. So, [CLICK HERE](#) and make your reservations now!

While you are in the hotel website, [check out the hotel map](#). Our sessions will be held in two different buildings, so there will be a little walking involved. We're working on a "Steps" competition to keep things interesting. There will be prizes.

How do I get to the hotel? The Holiday Inn Bayside San Diego is located at 4875 North Harbor Drive, San Diego 92106. If you are driving, the hotel parking fee has been waived for our group. If you are flying, the hotel is very near the airport and provides complimentary shuttle service to/from the hotel. Just call 619-224-3621 and they'll schedule your pickup!

Are we having the garage sale again this year? Well, we like to call it the AATH Treasures Table, but yes, it's coming back. So, if you have some extra fun items hanging around the house or office - extra company merchandise, educational materials that you've already read, goofy, fun items that you just don't need anymore - bring it along. Anyone can donate, and anyone can just come pick up whatever they want. There is no cost, but we do suggest you make a donation to the CNADM Scholarship Fund for newfound Treasures. :)

What's this new stuff you're doing!? We ARE trying a few new things. Friday night will feature **Comedy for Caregivers (CFC)** - a night of improv and fun, free to all attendees. Check out www.comedyforcaregivers.com for more info or let Karyn and Heidi tell you all about it



We DO ask that you register for this event [HERE](#) even if you have already registered for the conference so we can keep a good count on who is attending. The CFC venue is about one mile south of the hotel, but it's an easy walk. We're working on travel options for those who don't want to walk - contact the office if you would like us to put you on a list for car/shuttle options.

Second new event is our **Beyond Funny 10k Laugh** on Sunday morning. Can our group produce 10,000 laughs in an hour? I think we can! Details are being worked out as we speak but will involve smaller groups and Laughter Leaders. Keep posted for more!

Did you see the email about placing an ad in the program booklet? Reserving an exhibit booth? Participating in the book sales? I know there are other questions you may have. Send them to the office at kathy@aath.org or call us at 815-708-6587 and we'll answer them in the next newsletter.

OH! And we're going to be holding an incentive contest in March for everyone who refers a friend or coworker to our conference. Stay tuned.....

(BTW - you HAVE registered, haven't you?)

[2018 Conference Registration](#)

REMINDER: AATH is officially recognized as a 501c3 and has been vetted by UNITED WAY. If you or anyone you know makes donations through United Way, please consider designating a portion of your generous gift to AATH and please let others know of this opportunity.