

**ASSOCIATION FOR
APPLIED &
THERAPEUTIC HUMOR
ANNUAL CONFERENCE**
APRIL 12-15, 2018
SAN DIEGO, CALIFORNIA
AATH.ORG



RESILIENCE

Harnessing the Power of Humor

ANNUAL CONFERENCE SCHEDULE 2018 – At a Glance

Thursday Evening, April 12, 2018

8:00 am-4:00 pm • Humor Academy - HA Faculty
5:30-5:45 pm • Opening Reception Kick Off - Heidi Hanna
5:45-6:45 pm • Keynote: *Tinker, Dabble, Doodle, Try* - Srini Pillay
6:45-8:30 pm • Beach Party Reception

Friday, April 13, 2018

8:15-9:00 am • Opening Remarks - *Setting Intentions & Breakfast* - Heidi Hanna
9:00-10:00 am • Keynote: *Survival of the Wittiest* - Steve Sultanoff
10:00-10:30 am • Break

Friday AM Breakouts - 10:30-11:30 am

If You're Going Through Hell - Don Baird
Burnout 911 - Dwayna Covey & Maia Aziz
Using Improv Skills to Help Navigate Stress - Julie Ostrow

11:45 am-1:15 pm • Lunch - Business Meeting
12:30-1:15 pm • Lunch - Research Showcase & Poster Session

Friday PM Breakouts - 1:30-2:30 pm

No More Peanuts, Popcorn and Crackerjacks - Debra Joy Hart
Write into Resilience - Kelly Epperson
Surviving Brain Pain - Sue Stevenson

2:45-3:45 pm • Keynote - *Gutless and Grateful* - Amy Oestreicher
4:00-6:00 pm • Break
6:30-9:30 pm • Special Event - *Comedy for Caregivers Event* - Heidi Hanna, Brenda Elsagher, Sean Simonson, Yakov Smirnoff

Saturday, April 14, 2018

8:15-9:00 am • Opening Remarks - *Setting Intentions, Scholarship Presentation & Breakfast* - Heidi Hanna & Deb Price
9:00-10:00 am • Keynote: *Humor Research Updates* - Willi Ruch
10:00-10:30 am • Break

Saturday, April 14, 2018 – continued

Saturday AM Breakouts - 10:30-11:30 am

Laughter and Tears: Expressive Meditation - Pragito Dove

Grit 2.0: Building Resilience to Increase Personal & Professional Success - Ron Berk

The 7-Day PR Plan - Susan Lindner

11:45 am-1:45 pm • **Lunch** - Ten Min to Talk Game Show - Heidi Hanna, Jeffrey Briar, Mary Kay Morrison, Diane Roosth, David Tarvin

Saturday PM Breakouts - 2:00-3:00 pm

The Big Book Dilemma - Allen Klein & Greg Godek

Medicinal Humor during challenging times - Kathy Keaton

Panel with the Experts - Karyn Buxman, CSP, CPAE, Ed Dunkelblau, Lou Franzini & Panel, Steve Sultanoff, Steve Wilson

3:15-4:15 pm • **Keynote** - *Keeping My Senses* - Ed Dunkelblau & Kathy Passanissi

4:15-5:30 pm • **Break**

5:30-9:30 pm • **Dinner** - AATH Awards Dinner

Sunday, April 15, 2018

8:15-8:30 am • **Opening Remarks** - *Setting Intentions & Breakfast* - Heidi Hanna

8:30-10:00 am • **Keynote**: *Beyond Funny 1k* - CAF Speaker

10:00-10:15 am • **Break**

Sunday AM Breakouts - 10:15-11:15 am

250 Things Working With 250 Companies - Andrew Tarvin

The Resilient Student - Debra Norwood

Session TBD - Joyce Saltman

11:30 am-12:30 pm • **Keynote**: *Gamifying Stress* - John Coyle

12:30-1:00 pm • **Closing Remarks** - *The Journey Continues* - Heidi Hanna



Association for Applied and Therapeutic Humor

220 East State St., Floor G, Rockford, Illinois, 61104

815-708-6587 • info@aath.org • Visit www.aath.org