

**ASSOCIATION FOR  
APPLIED &  
THERAPEUTIC HUMOR  
ANNUAL CONFERENCE**  
APRIL 12-15, 2018  
SAN DIEGO, CALIFORNIA  
AATH.ORG



# RESILIENCE

## Harnessing the Power of Humor

### ANNUAL CONFERENCE SCHEDULE 2018 – At a Glance

#### Thursday Evening, April 12, 2018

8:00 am-4:00 pm • Humor Academy - HA Faculty  
5:30-5:45 pm • Opening Reception Kick Off - Heidi Hanna  
5:45-6:45 pm • Keynote: *Tinker, Dabble, Doodle, Try* - Srini Pillay  
6:45-8:30 pm • Beach Party Reception

#### Friday, April 13, 2018

8:15-9:00 am • Opening Remarks - *Setting Intentions & Breakfast* - Heidi Hanna  
9:00-10:00 am • Keynote: *Survival of the Wittiest* - Steve Sultanoff  
10:00-10:30 am • Break

#### Friday AM Breakouts - 10:30-11:30 am

*If You're Going Through Hell* - Don Baird  
*Burnout 911* - Dwayna Covey & Maia Aziz  
*Using Improv Skills to Help Navigate Stress* - Julie Ostrow

11:45 am-1:15 pm • Lunch - Business Meeting  
12:30-1:15 pm • Lunch - Research Showcase & Poster Session

#### Friday PM Breakouts - 1:30-2:30 pm

*No More Peanuts, Popcorn and Crackerjacks* - Debra Joy Hart  
*The 7-Day PR Plan* - Susan Lindner  
*Surviving Brain Pain* - Sue Stevenson

2:45-3:45 pm • Keynote - *Gutless and Grateful* - Amy Oestreicher  
4:00-6:00 pm • Break  
6:30-9:30 pm • Special Event - *Comedy for Caregivers Event* - Heidi Hanna, Brenda Elsagher, Sean Simonson, Yakov Smirnoff

#### Saturday, April 14, 2018

8:15-9:00 am • Opening Remarks - *Setting Intentions, Scholarship Presentation & Breakfast* - Heidi Hanna & Deb Price  
9:00-10:00 am • Keynote: *Humor Research Updates* - Willi Ruch  
10:00-10:30 am • Break

## Saturday, April 14, 2018 – continued

### **Saturday AM Breakouts - 10:30-11:30 am**

*Laughter and Tears: Expressive Meditation* - Pragito Dove

*Grit 2.0: Building Resilience to Increase Personal & Professional Success* - Ron Berk

*Write into Resilience* - Kelly Epperson

11:45 am-1:45 pm • **Lunch** - Ten Min to Talk Game Show - Heidi Hanna, Jeffrey Briar, Mary Kay Morrison, Diane Roosth, David Tarvin

### **Saturday PM Breakouts - 2:00-3:00 pm**

*The Big Book Dilemma* - Allen Klein & Greg Godek

*Medicinal Humor during challenging times* - Kathy Keaton

*Panel with the Experts* - Karyn Buxman, CSP, CPAE, Ed Dunkelblau, Lou Franzini & Panel, Steve Sultanoff, Steve Wilson

3:15-4:15 pm • **Keynote** - *Keeping My Senses* - Ed Dunkelblau & Kathy Passanissi

4:15-5:30 pm • **Break**

5:30-9:30 pm • **Dinner** - AATH Awards Dinner

## Sunday, April 15, 2018

8:15-8:30 am • **Opening Remarks** - *Setting Intentions & Breakfast* - Heidi Hanna

8:30-10:00 am • **Keynote**: *Beyond Funny 1k* - CAF Speaker

10:00-10:15 am • **Break**

### **Sunday AM Breakouts - 10:15-11:15 am**

*250 Things Working With 250 Companies* - Andrew Tarvin

*The Resilient Student* - Debra Norwood

*Session TBD* - Joyce Saltman

11:30 am-12:30 pm • **Keynote**: *Gamifying Stress* - John Coyle

12:30-1:00 pm • **Closing Remarks** - *The Journey Continues* - Heidi Hanna



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